

TLIA News

Tripp Lake Improvement Association is a not-for-profit organization whose mission is the well-being of Tripp Lake and its surrounding watershed in Poland, Maine

www.triplake.com

Tripp Lake Improvement Association

Summer 2014

TLIA plans to make you laugh out loud!!!

By Winnie O'Donnell

We are very excited and proud to announce Tripp Lake's own Bob Marley as a member of the Board!



Bob will also be hosting a Benefit Comedy Show to be held August 31st, 2014 at Harvest Hill Farms under the big tent! Tickets are being sold for \$15 each. If you have not purchased your ticket yet hurry up! You don't want to miss this one! All proceeds from the sale of these tickets will go to benefit

Tripp Lake! How wicked awesome is that? Thanks Bob! We will have various local "Maine" performers there and Harvest Hill's own fresh farm pizza & snacks served. A cash bar serving beer, wine and spirits and some other surprises as well. Come see for yourself!

Bob Marley is only one of the new members of TLIA, we are very excited and proud to announce:

We also have Patty Hutchins who was unanimously voted as the new Co-president of TLIA and Jack Quinn who was on the Board of Directors and is now our Vice-President. Lots of plans in the works from all our members as we are all working together for one great cause...to keep Tripp Lake a lake we can be proud to call our own!!

We hope to see everyone at the Annual Tripp Lake Association meeting which will be held at the Ricker Library on Sat., July 12, 2014 @ 9a.m. Arrive at 8:30 for coffee and doughnuts.

Tripp Lake is our lake and it is a lake we can all be proud of! Let's continue to work together to ensure it continues to be a lake we can all be proud of!

TLIA would like to thank you all for your continued support through the years! We look forward to seeing everyone at the Annual Meeting, at the Bob Marley Comedy Show and also around the lake!

WHERE TO BUY TICKETS FOR BOB MARLEY SHOW, AUG. 31, 2014

Tickets will be sold online and in several local establishments in Poland. If you wish to order them online, go to EVENTBRITE.COM and type in Bob Marley. Local businesses which will carry tickets are Harvest Hill Farms (Rt. 26, Poland), Meguire Hill Market and Square Root Natural Foods. You can also call Winnie O'Donnell at 617 827 3126. Again, tickets are \$15 each and all proceeds will go directly to TLIA. Many thanks, Bob!

FOURTEENTH ESSAY CONTEST FOR FOURTH-GRADERS

By Linda Laskey

As this Newsletter goes to print, fourth grade teachers will be collecting finished essays entitled "Why I want to go to the University of Maine 4H Camp and Learning Center at Bryant Pond and What I would bring back to my Community."

Two winners will be chosen by judges Babs Shapiro and Bob Cummings to attend a week-long session, paid for by TLIA and worth \$625. (\$575 is paid by our Organization and \$50 by parents when registering.)

We have invited local fourth graders from public and private schools, as well as youngsters from TLIA families to participate in this annual writing and drawing event. This is one way we further our mission to educate our young in Best Conservation Practices in our watershed. The winners of the 2014 scholarships will be announced at the Annual Meeting.

SAY GOODBYE TO OLD MAN WINTER

By Pat Palmer

From my perspective, this past winter was the most challenging one that I have experienced since relocating to the Northeast in 2001. Ice and snow never seemed to stop accumulating and we were introduced to the newest term "Arctic Vortex." Even though that term has been around for many years, it was the first time it seemed to be articulated in the eastern half of the country ever. However, it's no longer a factor; the ice is out and warmer weather is just over the horizon.

I arrived at the lake a few days ago, my first time since early March, and all the memories of summers past came flowing back. Within the space of thirty minutes, I was awash with recollections of boating, tubing, water skiing, canoeing, kayaking, fires in the pit, smores, a lot of laughs and, of course, fishing! To have the opportunity of enjoying these activities is a blessing. I often think of the families and children who I worked with at my non-profit and I can't stop being grateful for my lot in life, knowing that these kids and their parents may never have a Tripp Lake to create memories. I know our kids and grandkids have had eight years now to build their foundation for lasting and memorable moments. I know we are just "rookies" when it comes to time at the lake but it has been a quality experience and one that will continue to grow with time. We wish you all a healthy, happy and wonderful summer.

On the Water, Spring 2014

By Rick Lundstedt

Late ice-out this year....April 22nd....so the bass are spawning a little later than normal. That said, it was in full swing by Memorial Day Weekend and continues as I write this (June 3). Fishing for pre-spawn smallies was great Memorial Day. The trollers looking for trout and salmon were out in force and actually outnumbered the bass fisherman. One thing I did notice is a marked reduction in the number of pickeral. Not sure of the reason and not sure if that's good news or bad news...it just is. Conversely, the bass are happy, healthy and plentiful...just the way we like it!

Here's a fun-fact for you fisher people:

All fish see during dark conditions, be it night, cloudy days, stained water, etc. The advantage that predator fish have over their smaller forage fish is that they adapt more quickly than the smaller fish. So when conditions change from light to darker, the larger fish use the transition period as a feeding period. We can use the same period as a good time to increase our odds of hooking up.

Just in case you thought Tripp was only about fishing, Dot & Russ Seybold sent me this note:

"We are Tripp Lake homeowners, 121 Fernald, and wanted to let you know how much we enjoyed reading the fish stories. Our two boys spent many summer weeks fishing on Tripp Lake over the last 30+ years, first through our close friendship with the Jordan Shore Tinkhams, and then in our own camp on Fernald. The oldest son, now 33, traveled back to Tripp last summer from his home in Salt Lake City and spent 4th of July week planning and executing a very romantic proposal on the lake. She said yes! Andy & Sarah will be marrying in July of 2014 in SLC, but their hearts will always be at Tripp! Dot & Russ Seybold"

We all wish Andy and Sarah the best and hope to see them at Tripp soon. In the meantime... see you "On the Water!"



BOAT PARADE: JULY 4, 2014

The Annual Boat Parade will start at 10 a.m. on July 4 from Hemlock Campgrounds, circling the lake slowly. Join the fun! Decorate your boat with flags, balloons, play music. Make it a morning to remember!

Wolf Cove Inn

By Sue Barry

Ribbon Cutting May 16th at Wolf Cove Inn in Poland



L-R Arthur Berry, Aimee Senatore, Owners Suzanne and Roy Forsberg, Bradley Plante, John Williams and Chip Morrison. TCT Staff Photo by Ashley Somma.

Check it out. Recently I spent a pleasant afternoon with Sue and Roy Forsberg, the new owners of "The Wolf Cove Inn" in Poland at 5 Jordan Shore Drive on Tripp Lake. They bought the Inn in December of last year and began renovations at the beginning of January. The renovations are complete and the Inn is now open and welcoming guests. The day I visited, Roy & Sue gave me a tour of all three floors. I am so impressed with all that has been accomplished in such a short period of time. Roy and Sue hired John Langelier of "Work To Be Done," which is located in Oxford. He brought with him a crew of 2 carpenters, 2 plumbers, 2 electricians, plus various and sundry other skilled workers. Also, Anne Callendar, an architect from Portland, was hired to create a computer map depicting what needed to be done between the walls and in the open rooms. The final results are really impressive; also, they have installed a commercial kitchen and are prepared to host weddings and other large groups.

Another plus, of course, is the beautiful view of the lake and the gardens, which are maintained by Howie Munday, and can be seen from just about every room in the Inn. There are rooms on three floors and each room has its own name, slim-line TV and a private bath. On the second floor there are two suites and another room with a handicap bathroom. The Inn is so thoughtfully and tastefully appointed that each visitor is bound to enjoy a comfortable and memorable stay. Even on a rainy day! The grounds are lovely and provide plenty of areas to sit and/or walk and enjoy the views. Roy and Sue are so energetic and happy with their "lot" in life that it just might rub off on you.

If you would like to learn more about the Inn or to make reservations, you can reach Mr. Forsberg at 998-4976 or at roy@wolfcoveinn.com

TRIPP LAKE RAFFLE 2014

By Howard Sherman

Colorful, entertaining and useful prizes will be raffled at the next TLIA Annual Meeting on July 12, 2014. All are invited! Tickets are \$2 each or a booklet of 6 for \$10. A partial list of available prizes include life jackets, a bird-themed basket, a moose-themed basket, food basket, wildlife stationery and more. Proceeds will be used to offset expenses of TLIA. Books of tickets will be enclosed with the Newsletter which will be distributed in June. They'll also be available prior to the actual meeting on July 12.

FEELING GOOD ABOUT OURSELVES AND MAINTAINING BEAUTY OF TRIPP

By Howard Sherman

We do Yoga, exercise, eat good food, socialize and much more. But what can affect our self-worth more than maintaining the beauty of nature...wildlife, vegetation, cleanliness of water... then keeping debris and invasive plants out of Tripp Lake? Please keep this in mind when you see foreign objects such as cans, bottles, fishing hooks, plastics, floating in or around the lake. You'll feel good about yourself AND your lake will have a better chance of survival.

LIVES SAVED IN TRIPP LAKE 2013 BOATING ACCIDENT

By Howard Sherman

A beautiful summer afternoon was quickly threatened when a couple was canoeing with their dog on Tripp. The canoe capsized and threw them all into the water. The husband and wife were non-swimmers and didn't have life jackets. They were quickly fatigued trying to hold their small dog above water as they screamed for help. Luckily, a couple answered the call from the shoreline, sped out in their boat, saving the three of them from potential drowning. They pulled the victims into their boat and towed the canoe to shore. The good Samaritans preferred not to be identified, but encourage anyone using a boat to wear a life jacket.

WITH DEEPEST SYMPATHY

We extend our deepest sympathy to the families of three well-known people in the Poland area: Richard Chick, Marion Emery and Tommye Sauer.

Richard Chick, former Town Manager of Poland, passed away March 7 after a long illness. He worked diligently for our Town and will be missed. He is survived by his wife Gayle, daughter Julie and husband David Mastrianno, three grandchildren and a brother Kyle.

Marion Adams Bunny Emery Chesley died peacefully on March 28 at her home on Tripp Lake. She was an active member of TLIA as well as many other organizations. She supplied us with historical material of Poland as well as being a reader of essays written by third and fourth graders, picking two winners who attended the Maine Conservation School for a week, a program underwritten by TLIA. She and her third husband Claire Chesley also sold TLIA merchandise for our organization.

She leaves a daughter Betsy Whitcomb and husband Charles, a son-in-law Rob Randall, one grandchild, stepchildren, nieces and nephews. She was predeceased by three husbands, John Bunney, Alfred Emery and Claire Chesley, a brother Don, a sister Elsie and a son Gregory Bunney. She will be missed.

Tommye Sauer, long-time summer resident of Tripp Lake, died on March 8, less than six months after the passing of her husband, Herb. She was an accomplished poet and wrote this poem, *Summer's End*, in her *Time and Rhyme* collection.

I see the first of fading flowers,
Petals falling, pale in showers;
I feel a chilling northern breeze
And think of people growing old,
Walking toward a deeper freeze.

I know bright autumn comes between
Gardens ripe and winter's sting.
I know that golden leaves must brown
And fall to piles which join the earth.
I know that Spring will bring rebirth
To leaves, to lives, to loved ones gone.

She leaves six children, Connie, Rob, Jeanne, Mary, Ann and Dorothy, fourteen grandchildren and one great-grandchild who still visit and live on the lake in the summer. We shall miss her.

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TIPS FOR A HEALTHIER LAKE

(Reprinted in part from TLIA News, Spring 2004)

We all need to be reminded that lakes don't take care of themselves. We need to watch them carefully, test them, monitor their health. When oxygen levels fall and phosphorous levels rise, as has been the case in Lake Auburn (the water supply for Lewiston and Auburn) it's imperative that we take a close look at the surrounding watershed as well as our lake, to see what's happening.

Lake Auburn experienced a severe algae bloom in 2012 which led to a fish kill of over 200 trout. Trout, a cold-water species, needs cool, clean water to survive. Phosphorous had entered the lake in large amounts via tributaries and streams. However, these entry points carried large amounts of sediment, which contains phosphorous, which led to a bloom, thereby reducing the amount of oxygen, thereby suffocating the fish.

The sediment arrives from upland farms, faulty ditches and culverts as well as erosion around the lake and its watershed. The Lake Auburn Water District has been studying fixes for the problems, identifying over 35 sites around the lake which are trouble spots. Further "fixes" may include copper sulfate which would interfere with summer blooms, but is a short-term solution. Other suggestions include pumping oxygen into the lake or introducing alum (which binds phosphorus, making it sink to the bottom). Both are extraordinarily expensive treatments, costing millions of dollars and are not sure-fire remedies.

Similar situations have arisen in Vermont, in Lake Champlain, where runoff from area farms is polluting this enormous lake, causing algae blooms and loss of clean water.

We live on a much smaller, more shallow lake, but the problems are the same: runoff from streams and tributaries into the watershed as well as land erosion, soaps and other chemicals are all villains waiting for the kill. A Watershed Survey was held around the lake (1996) in which volunteers walked the entire area, identifying hundreds of potential trouble spots. Perhaps, almost 20 years later, it's time for another.

Meanwhile, here are some daily tips to remember.

Keep all soaps and detergents out of the lake! Minute amounts of phosphorous add up. Wash bodies, pets, cars and boats as far from the lake as possible. Make sure all soapy waters drain away from the lake. Even soaps listed as phosphorous-free should only be used in running bodies of water, such as rivers. "Gray" water should be directed into a septic system, a holding tank or its own leaching field. One pound of phosphorous can produce 10,000 pounds of wet weeds and algae. Phosphorous is junk food for algae.

Lakes like less lawn. Use phosphorous-free fertilizer and lime to green it up.

Plant a vegetated buffer strip near the lake to absorb runoff before it enters the lake. The loss of trees and bushes, due to

building of roads or construction of homes, creates impervious areas which leads to more runoff into surface waters. Buffers stabilize shorelines, provide habitat for animals and improve property values. Nurseries, such as Shaker Hill, can provide guidance as to which shrubs, plants and trees are best for your property. The University of Maine Extension Service and DEP can also help with questions.

Be mindful of the Shoreland Zoning Act. It's a State law which establishes setbacks near water bodies and what structures are allowed. Check with Code Enforcement before building anything which may not be legal...obtain a permit and follow guidelines. Cumulative disrespect for the law can cause the lake much permanent and expensive damage. Zoning laws are available at the Poland Town Office or go to polandtownoffice.org for more information.

ANNUAL TLIA MEETING:

SAT., JULY 12, 9 A.M.

SPEAKER: BRADLEY PLANTE, NEW TOWN MANAGER

Come for refreshments from 8:30 to 9 a.m.

Meet friends, old and new.

TOP TEN THINGS TO DO AT TRIPP LAKE THIS SUMMER

By Judy King

- Walk or run along Jordan Shore Drive.
- Swim float, jump and dive into the lake.
- Go fishing, tubing, waterskiing or cruising around the lake.
- Bicycle around the lake.
- Listen to the loon songs.
- Watch for the eagle, heron and other birds.
- Enjoy the sunsets and sunrises.
- Eat lobster, clams, hamburgers, hot dogs, watermelon and ice cream.
- Have fun with family and friends....

AND THE #1 THING THAT YOU CAN DO AT TRIPP LAKE THIS SUMMER IS....

GO TO THE TLIA ANNUAL MEETING,

JULY 12, RICKER LIBRARY

8:30 a.m. Coffee, donuts, bagel....9 a.m. Meeting

***JOIN TRIPP LAKE IMPROVEMENT ASSOCIATION
VOLUNTEER FOR A COMMITTEE
SUPPORT YOUR LAKE
PAY YOUR DUES***

EASTWARD HO !!!!

By Lindy, Quinn and Ellie Shapiro

It's the weekend of our Annual Eastward migration! Once again, we are surprised somehow with the lightening speed of time, the way another school year has whizzed by, and how relentlessly our kids are growing before our eyes (and our hearts).

As we pack our bags and fill our storage boxes...dust and sweep and clean out the fridge...I find myself thinking about the amazing qualities of Hawaii and Maine that pull our family back and forth from one end of the country to the other each year. For me, it's mostly about the enduring connections we've grown with friends and family in both places. These are what bring such huge joy and make the few days of "how-the-heck-are-we-going-to-pack-up-our-lives-and-fit-them-into-four-carry-ons!?!?!?" totally worthwhile. And I can't wait to see you all on my Tripp Lake runs when we arrive in June!

So here's to that moment when the crimson sun melts behind the trees on the western shore of Tripp and to the sweet long call of the loon reminding us to leave the rush of the rest of the year behind as we slip into the cool waters of summer.

This year, I asked my two brave, young, world travelers to share *their* perspectives about living in the middle of the Pacific Ocean.

THOUGHTS FROM QUINN, AGE 11:

I live in Hawaii. It's usually warm and sunny here. It never snows, not even in the winter. There are a lot of green, luscious plants. The water is warm and sparkling with blue. Mauna Loa is a volcano on the Big Island that is also the tallest mountain in the world when you count its height from the sea floor. Usually, if you go to the top of a volcano on one island, you can see the neighboring island. These are things I like about Hawaii.

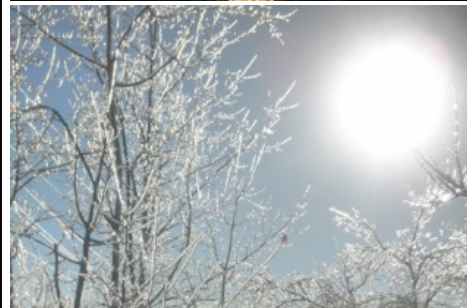
A NOTE FROM ELLIE, AGE 9:

I like living in Hawaii because it is usually sunny. I like swimming in the ocean because it barely rains. I like going to school on Maui because we don't have indoor recess. It is fun playing with my friends. I like it because there are lots of things that you can do.

ALOHA FROM THE SHAPIRO OHANA!!! SEE YOU SOON



Andy Card's Grandchildren



Summer/Winter Views of Tripp Lake

~ Free Training for Those Battling the Invaders in Maine Waters ~

Please forward this notice along to SCUBA divers and others you know who may be interested in this free training and certification. Thank you!

**INVASIVE AQUATIC PLANT MANUAL CONTROL TRAINING
For Scuba Divers & Surface Support Providers**

Part 1 ~ Intro to Manual Control

*With Manual Harvesting &
Benthic Barrier In-lake Instruction & Practice*
Wednesday, June 25
9:00 AM to 5:00 PM
Sebago Lake State Park, Casco

Part 2 ~ Diver Assisted Suction Harvesting (DASH)

In-lake Instruction & Practice
Saturday, June 28
10:00 AM to 3:00 PM
Location TBA, Sebago Lake

If invasive plants are not removed, contained and disposed of properly, a removal project may cause more harm than good. At very least, valuable time and effort may be wasted. The VLMP is once again offering a comprehensive two-part training program to help ensure the success of your control effort.

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- An introduction to manual control in Maine
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- Information on permit and reporting requirements
- Introduction to the three manual control methods being used in Maine: manual harvesting, diver assisted suction harvester (DASH), and benthic barriers
- Manual harvesting and benthic barrier in-lake instruction and practice
- Interactive panel discussion with Maine's leading control experts

Part 2 Overview:

- Diver assisted suction harvesting (DASH) in-lake instruction & practice
- Q & A

Both training sessions are free. (A \$10 box-lunch option is offered on both days.) You are welcome to participate in one session or both. Full participation in Part 1 is mandatory for those wishing to become a certified member of Maine's IAP Manual Control Team. Participation in Part 2 meets the requirement for enhanced (DASH) certification.

This 2-day training program is only offered once each year and space in both sessions is limited. Preference will be given to paid staff and volunteers affiliated with existing control efforts in Maine.

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